

MAY, 2008 MENU
EVERGREEN HEALTH AND REHAB

Date	Breakfast	Lunch	Dinner
July 1-Tuesday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Ham and Beans Cole Slaw Cornbread Margarine Chocolate Pudding Whipped Topping Coffee or Tea	Cream of Potato Soup Saltine Crackers Bologna Cheese Sandwich Chips Baked Apples Coffee or Tea Milk
July 2- Wednesday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Chicken Fried Steak Cream Gravy Rice Pilaf Fried Yellow Squash Bread of Choice Margarine Margarine Frosted Yellow Cake Coffee or Tea	Fish Patty Macaroni and Cheese Okra and Tomatoes Bread of Choice Margarine Fruited Gelatin Coffee or Tea Milk
July 3- Thursday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Pork Roast Butter Beans Mixed Greens Bread of Choice Margarine Hawaiian Cheesecake Bars Coffee or Tea	Chicken Salad Sandwich Potato Salad Relish Plate Baked Apple Slices Chocolate Chip Cookie Coffee or Tea Milk
July 4- Friday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Fried Chicken Livers Gravy Mashed Potatoes Green Beans Bread of Choice Margarine Margarine Mock Pecan Pie Coffee or Tea	Chicken and Dumplings Yam Patty Peas and Carrots Bread of Choice Margarine Pineapple Cubes Coffee or Tea Milk

July 5-Saturday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Seafood Platter Tartar Sauce American Fried Potatoes Confetti Cole Slaw Hushpuppies Margarine Lemon Bar Coffee or Tea	Chicken Teriyaki Roasted New Potatoes California Vegetables Bread of Choice Margarine Emerald Pears Coffee or Tea Milk
July 6 - Sunday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Swiss Steak Mashed Potatoes Gravy Okra and Tomatoes Bread of Choice Margarine Chocolate Drop Cookie Coffee or Tea	Beans and Franks Sauerkraut Cornbread Margarine Fresh Fruit Coffee or Tea
July 7- Monday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Maple Glazed Ham Sweet Potato Casserole Green Beans Dinner Roll Margarine Coconut Crunch Delight Coffee or Tea	Tuna Noodle Casserole Tomato Slices Pea Salad Bread of Choice Margarine Fresh Fruit Coffee and Tea Milk
July 8-Tuesday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Herb Baked Chicken Seasoned Cabbage Purple Hull Peas Bread of Choice Margarine Peach Upside Down Cake Coffee or Tea	Cream of Broccoli Soup Saltine Crackers Deli Sandwich Mayonnaise Chips Relish Plate Fruit Cocktail W/Topping Coffee or Tea Milk

<p>July 9- Wednesday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>BBQ Pork Bun Baked Beans Cole Slaw Apple Crisp Coffee or Tea</p>	<p>Steak Fingers BBQ Sauce Macaroni and Cheese Buttered Beets Bread of Choice Margarine Rosy Pears Coffee or Tea Milk</p>
<p>July 10- Thursday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Lasagna Italian Vegetables Garlic Bread Margarine Cheesecake Fruit Topping Coffee or Tea</p>	<p>Fried Bologna Cottage Potatoes Tomato Slices Bread of Choice Margarine Fruit Cup Sugar Cookie Coffee or Tea Milk</p>
<p>July 11-Friday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Ham and Beans Turnip Greens Cornbread Margarine Ice Cream Coffee or Tea</p>	<p>Breaded Chicken on Bun Steak Fries Relish Plate Mayonnaise Ketchup Tropical Fruit Coffee or Tea Milk</p>
<p>July 12- Saturday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Fried Fish Tartar Sauce French Fries Creamy Cole Slaw Hushpuppies Margarine Ketchup Lemon Pudding Coffee or Tea</p>	<p>Sliced Turkey Breast Oven Fried Potatoes Lima Beans Bread Margarine Peach Half w/Cottage Cheese Cookies Coffee or Tea</p>

<p>July 13-Sunday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Fried Chicken Gravy Mashed Potatoes Herbed Green Beans Bread of Choice Margarine Popsicle Coffee or Tea</p>	<p>Corn Chowder Saltine Crackers Pimiento Cheese Sandwich Cucumber Tomato Salad Baked Apple Slices Coffee or Tea Milk</p>
<p>July 14-Monday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Roast Beef Roasted New Potatoes Broccoli w/Cheese Sauce Dinner Roll Margarine Peach Cobbler Coffee or Tea</p>	<p>Breaded Pork Chopette Buttered Corn Field Peas with Snaps Bread of Choice Margarine Fruited Gelatin Coffee or Tea Milk</p>
<p>July 15- Tuesday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Chicken and Dumplings Parslied Carrots Cucumber Onion Salad Bread of Choice Margarine Buttermilk Pie Coffee or Tea</p>	<p>Cheeseburger on Bun French Fries Relish Plate Mustard Ketchup Mayonnaise Fresh Fruit Coffee or tea Milk</p>
<p>July 16-Wednesday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Meatloaf Gravy Mashed Potatoes Green Beans Bread of Choice Margarine Fruit Crisp Coffee or Tea</p>	<p>Tuna Salad Plate Potato Salad Bread of Choice Margarine Raspberry Parfait Square Coffee or Tea Milk</p>

July 17- Thursday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Baked Pork Chop American Fried Potatoes Steamed Cabbage Bread of Choice Margarine Pineapple Upside Down Cake Coffee or Tea	Vegetable Beef Soup Saltine Crackers Grilled Cheese Sandwich Tossed Salad Dressing of Choice Chilled Apricots Coffee or Tea Milk
July 18-Friday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Fried Chicken Gravy Herbed Rice Green peas Bread of Choice Margarine Banana Pudding w/Topping Coffee or Tea	Omelet Hashbrown Potatoes Tomato Slices Biscuit Margarine Jelly Mandarin Oranges Coffee or Tea Milk
July 19- Saturday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Fried Fish Tartar Sauce Cottage Fries Coleslaw Hushpuppies Margarine Pound Cake Coffee or tea	Salisbury Steak Au Gratin Potatoes Turnip Greens Bread of Choice Margarine Peach Slices Coffee or Tea Milk
July 20- Sunday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Sloppy Joe on bun Tater Tots Tomato Slices Ketchup Sherbet Coffee or Tea	Chicken Nuggets Whole Kernel Corn Fried Okra Bread of Choice Margarine Fresh Fruit Coffee or Tea Milk

<p>July 21- Monday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Roast Pork w/Plum Sauce Baked Potato Sour Cream Seasoned Broccoli Dinner Roll Margarine Chocolate Meringue Pie Coffee or Tea</p>	<p>Ham and Cheese Sandwich Macaroni Salad Marinated Tomato Salad mayonnaise Emerald Pears Coffee or Tea Milk</p>
<p>July 22- Tuesday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Barbecued Chicken Baked Beans Cole Slaw Bread of Choice Margarine Apple Cobbler Coffee or Tea</p>	<p>Steak Fingers Sweet Sour Sauce Baked Fresh Sweet Potato Black-Eyed Peas Bread of Choice Margarine Fresh Banana Coffee or Tea Milk</p>
<p>July 23- Wednesday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Spaghetti w/Meat Sauce Green Beans Garlic Bread Margarine Angel Food Cake Strawberry Topping Coffee or Tea</p>	<p>Chicken Noodle Soup Saltine Crackers Turkey Sandwich Tri Taters Relish Plate Mayonnaise Ketchup Fruited Gelatin Coffee or Tea Milk</p>
<p>July 24-Thursday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Smoked Sausage Potatoes and Onions Steamed Cabbage Cornbread Margarine Rice Krispie Treat Coffee or Tea</p>	<p>Hot Roast Beef Sandwich w/Gravy Mashed Potatoes Seasoned Peas Pineapple Cubes Coffee or Tea Milk</p>

<p>July 25- Friday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Hamburger Steak w/Onion Brown Gravy Buttered Noodles Lima Beans Bread of Choice Margarine Butterscotch Pudding Coffee or Tea Milk</p>	<p>Chicken Tenders Honey Mustard Sauce Creamed Potatoes Breaded Cauliflower Bread of Choice Margarine Fruit Cup Coffee or Tea Milk</p>
<p>July 26- Saturday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Fried Fish Tartar Sauce Potatoes O'Brien Cole Slaw Supreme Hushpuppies Margarine Pineapple Delight Coffee or Tea</p>	<p>Macaroni Ham Au Gratin Buttered Spinach Bread of Choice Margarine Fresh Fruit Coffee or Tea Milk</p>
<p>July 27-Sunday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Green Pepper Steak Au Gratin Potatoes Zucchini and tomatoes Bread of Choice Margarine Ice Cream Coffee or Tea</p>	<p>Chili Hot Dog on Bun Creamed Peas Mustard Ketchup Fruit Cocktail w/Topping Coffee or Tea Milk Chopped Onions</p>
<p>July 28-Monday</p>	<p>Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk</p>	<p>Fried Chicken Gravy Mashed Potatoes Green Beans Dinner Roll Margarine Pound Cake Fruit Topping Coffee or Tea</p>	<p>Hamburger on Bun Steak Fries Relish Plate Mayonnaise Ketchup Mustard Fresh Fruit Coffee or Tea Milk</p>

July 29-Tuesday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Ham & Beans Cole Slaw Cornbread Margarine Chocolate Pudding Whipped Topping Coffee or Tea	Cream of Potato Soup Saltine Crackers Bologna Cheese Sandwich Chips Baked Apples Coffee or Tea Milk
July 30-Wednesday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Chicken Fried Steak Cream Gravy Rice Pilaf Fried Yellow Squash Bread of Choice Margarine Margarine Frosted Yellow Cake Coffee or Tea	Fish Patty Macaroni and Cheese Okra and tomatoes Bread of Choice Margarine Fruited Gelatin Coffee or Tea Milk
July 31-Thursday	Juice of Choice Cereal of Choice Egg of Choice Sausage and/or Bacon Bread of Choice Margarine Jelly Coffee or Tea Milk	Pork Roast Butter Beans Mixed Greens Bread of Choice Margarine Hawaiian Cheesecake Bars Coffee or Tea	Chicken Salad Sandwich Potato Salad Relish Plate Baked Apple Slices Chocolate Chip Cookie Coffee or Tea Milk

COME JOIN US FOR A MEAL!

It's only \$2.00!